# Palliative Care Extends Beyond Borders



# James Cleary

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## **CURRENT RESEARCH**

# Bringing pain relief to the five billion people currently lacking access

Opioids are the standard medications given to patients in need of pain relief as they live with serious and advanced disease. Morphine, the most commonly used opioid, is inexpensive to manufacture and in most high-income countries, easy to obtain. However, in low and middleincome countries, it can be a challenge to legally obtain these essential medications, even for palliative care needs. Due to the lack of accessibility, there are five billion people in the world  $\,$ for whom access to pain medicines, should they need it for either palliative care or other pain relief, would go unmet. The Pain and Policy Studies Group (PPSG) has been one of the most successful models of public health change in recent years. Ultimately, PPSG aims to expand its role and presence as the foremost leader in global efforts to increase patient access to opioid pain medicines for palliative care. This is accomplished via outreach, policy and systems change using a combination of policy activity, survey dissemination, and translational research to study and identify beneficial solutions that can be adopted to improve patient care throughout the world. As the director of the PPSG, Dr. James Cleary, of the University of Wisconsin, has produced research that examines global, regional, and country-level trends in opioid consumption which has clearly documented the unmet needs for pain relief and the effect of barriers to patients' accessing opioid pain medicines.

PPSG has a long-standing proven track record of working directly with countries, on the ground, to identify and address their barriers to opioid availability for pain relief and palliative care. A unique model of technical assistance is used to help national governments (upon...

#### **AFFILIATION**



University of Wisconsin-Madison

#### **EDUCATION**

- Foundation Fellow in Palliative Care Medicine 2000, Australian Chapter of Palliative
- Fellow in Medical Oncology 1992, Royal Australasian College of Physicians
- . M.B., B.S., (MD equiv) in 1984, University of Adelaide, South Australia

#### **AWARDS**

- Madison Magazine, Top Doctors, 2006, 2008, 2010, 2012, 2014
- US Top Cancer Doctors, 2009-2014
- Grossman Award: UWSMPH Department of Medicine Faculty Professionalism Award, 2008
- American Academy of Hospice & Palliative Med (AAHPM) Distinguished Service Award,

#### **RESEARCH AREAS**

Health & Wellness, Wellness, Aging Research

### **FUNDING REQUEST**

Your contributions will fund the continued research of Dr. James Cleary as he continues to build the importance of palliative care initiatives in the global community. Your donations will support the \$2M per year required for the next ten years that would allow continued support of PPSG Fellows in all low and middle income countries. By donating, you will be an important part of restoring the dignity for individuals world-wide as they live with life limiting illnesses and approach the end of their lives.

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